

---

## About Meaningful Volunteer

Meaningful Volunteer is a 100% non-profit organization dedicated to empowering international volunteers to do meaningful work in developing communities.

Any profits that are made are reinvested back into the communities.

Meaningful Volunteer is 100% financially transparent—all our financial statements are be available online.

We partner only with trust-worthy NGOs (Non-Governmental Organizations) in developing countries. No corruption means no corruption means no corruption

We are based in the Philippines, and Uganda.



*Some Filipino students are empowered by the gifts of books.*



Contact: Megin Alvarez  
Phone: 604-889-4453  
[www.meaningfulvolunteer.org](http://www.meaningfulvolunteer.org)  
E-mail: [megin@meaningfulvolunteer.org](mailto:megin@meaningfulvolunteer.org)



# Meaningful Volunteer - Empowering Volunteers in the Philippines



## RYE SCHOOL

RYE Schools (**R**ecycle **Y**our **E**ducation) take a radical approach to education in developing communities.

Our RYE Schools are not just a way to prop up failing education systems, not just a way for kids to be kept amused by “volunteer tourists”, but world class educational facilities that we would be proud to send our own kids to.

All RYE schools provide top-of-the-line educational resources—including internet-enabled computer labs.

All RYE School students are required to pay school fees. Not in the form of money, but in the form of recyclable products. 100 aluminum cans or five bags of rubbish from the beach—for example—are enough for one term's worth of fees.

This ensures that we have committed children and has obvious environmental benefits.



## PROJECT MANGROVE

The Romblon Islands in the Philippines have had their mangrove trees removed for use as charcoal, or to make way for

now-fetid shrimp farms.

This has had a devastating effect on the local fisher folk, as their traditional catch used the mangroves as a place to lay their eggs.

No mangroves means no eggs means no fish.

Project Mangrove follows best-practice techniques in reestablishing the mangrove population.

## SCHOOL BUILDING AND MAINTENANCE



The Romblon Islands were recently hit by Cyclone Frank, leaving much of its infrastructure in ruins.

Meaningful Volunteer empowers volunteers to help build new schools and repair existing schools.



## Project Lifecycle

my body. my time.

## PROJECT LIFECYCLE

Lifecycle Beads are necklaces worn by ladies. A small rubber ring is moved around the necklace each day. The ring starts on the Red Bead—which is timed to coincide with the first day of the women's menstrual cycle.

If the woman has sex on the White Bead days, then she will almost certainly not get pregnant.

If used correctly, Lifecycle Beads are 95% effective.

The larger a family size, the less that can be spent on healthcare, education and food. Reducing family size is a great way to reduce poverty.

The Philippines is a predominantly a Catholic country so effective contraceptives such as condoms and the Pill are not available.

Project Lifecycle will attempt to reduce the average family size in a Catholic Church-approved fashion by the use of Lifecycle Beads.

Contact: Megin Alvarez

Phone: 604-889-4453

[www.meaningfulvolunteer.org](http://www.meaningfulvolunteer.org)

E-mail: [megin@meaningfulvolunteer.org](mailto:megin@meaningfulvolunteer.org)